

EXCLUSIVE

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KENSINGTON
& CHELSEA

ALPINE ADVENTURE

The chicest resorts,
chalets & fashion

FEEL-GOOD FITNESS

Tips from celebrity
trainer Dalton Wong

KICK- START YOUR YEAR

Refresh your HOME

Meet George
Clooney's
interior stylist

18 NEW BEAUTY & WELLNESS TRENDS

PLUS

- + Hearty winter salad recipes
- + The best January events **IN YOUR AREA**

KNIGHTSBRIDGE • BELGRAVIA • SLOANE SQUARE • CLAPHAM • WANDSWORTH • FULHAM
ST JOHN'S WOOD • HAMPSTEAD • RICHMOND • BARNES • NOTTING HILL • MAYFAIR • MARYLEBONE